

## The Dangers of Rushing

**"I don't have time to think about safety. I need to get this job done right now." Sounds familiar to you?**

**Rushing is a characteristic of human nature ...**

- It's human nature to want to get a job done as quickly as possible.
- Many of us also grew up being told that it's important to accomplish as much as we can.

We aren't been told is that rushing can result in accidents, errors, and more time spent in the long run. We need to do our jobs correctly and safely. Let's look closer at what can happen when you hurry ...

- Rushing to get our jobs done can result in injury to ourselves and those around us.
- Some statistics show that 92% of the time the reason accidents occur is because workers aren't doing their tasks properly.
- Being in a rush makes it unlikely you will perform your task as you should.
- Among the consequences of being in too much of a hurry are:
  - Accidents involving yourself and co-workers
  - Mistakes which can result in a job not properly completed.
  - The need to redo a task you thought was already done.
  - Damage or Loss on equipment, property, and labor.
- Rushing can also have long-term consequences.
  - These include serious injury and long-term pain, costly medical bills, the possibility of a disabling injury, which could put you out of work, and the loss of income from being out of work.

### Avoid Rushing & Develop a Good Safety Attitude

- Rushing results in carelessness and carelessness leads to accidents.
- Having a good safety attitude means taking responsibility for your actions; and taking responsibility means doing the best job you can – not the fastest job you can.

- Here are some other examples of attitudes that can get you into trouble:
  - "I don't have time to put on all of that protective equipment. I did a similar job without using it once before and didn't get hurt."
  - "I've done this job this way dozens of times in the past. I don't have time to review the operator's manual."
  - "I know I'm not supposed to rush, but I really have to get home. If I finish in a hurry, maybe I can get there sooner."

### Hurrying Dangers Do's and Don'ts

#### DO:

- Think about the consequences of hurrying.
- Know that rushing can result in serious injury to you and your co-workers.
- Always take the time to put on safety equipment, use the right tools and follow safety instructions.
- Dress properly for the job.
- It may take a few extra minutes to put on your safety glasses, hard hat or other safety equipment, but it can save you from serious injury.
- Use the right tools for the job.
- Identify hazardous situations in advance.
  - If you're rushing through a task, your mind is on getting it done – not on what may happen next. Working carefully and deliberately gives you time to think about potential hazards, and to plan your actions.
- Focus on the task on hand and avoid distractions.

#### DON'T:

- Remove safety guards or safety shields and continue to operate equipment without them.
- Have the attitude that you can hurry "just this one-time".
- Fail to take the time to read the operator's manual or heed safety warning signs.

**Don't be in so much of a rush that you neglect your personal safety or the safety of those around you. Our first priority is your safety. When we rush, we not only jeopardize your well-being, but we also sacrifice quality. In the end this cost us all more time to get right.**

**Remember, safety is built one step at a time!**

