

SB004: TURN SEASON SAFETY: ROOM TURN OPERATIONS



UCF

Tight deadlines, heavy lifting, cleaning chemicals, and hot working conditions can increase the risk of injury. Follow these safety tips to help ensure a safe and injury-free turnover season.

Possible Injuries and How to Prevent Them

Ergonomic Injuries

Prevention:

- **Lift with your legs**, not your back. Keep loads close to your body.
- Ask for help with heavy or bulky items.
- Use carts or other material-handling equipment when available.

Slips, Trips, and Falls

Prevention:

- Keep walkways clear of boxes, furniture, and supplies.
- Clean up spills immediately.
- Wear closed-toe, slip-resistant footwear.
- Watch for cords, uneven surfaces, and wet floors.

Cuts and Punctures

Prevention:

- Wear appropriate gloves when handling trash or debris.
- Inspect areas before reaching into bins or hidden spaces.
- Dispose of sharp objects appropriately.

Chemical Exposure

Prevention:

- **Read product labels** and follow instructions. **Never mix** cleaning chemicals.
- Wear required PPE, such as gloves and eye protection.
- Use only cleaning products provided by your Supervisor.



Heat Stress and Fatigue

Prevention:

- Drink water regularly throughout the day.
- Take scheduled breaks.
- Report symptoms such as dizziness, headache, or nausea.
- Work with a partner when possible.

Electrical-Related Injuries

Prevention:

- Report any broken appliances, fixtures, or damaged cable insulation to your Supervisor or maintenance team.
- Avoid attempting to repair electrical wiring or machinery on your own.

Remember

- Take your time and work safely, even during busy periods.
- If you are unsure about a task, ask your supervisor for guidance.